Keynote Speaker: Jason Helgerson
HSG & FLPPS Engagement

• Earlier this year, FLPPS leadership engaged Helgerson Solutions Group (HSG) to bring its expertise to support its decision-making process, engage with key stakeholders, and discuss future investment priorities with the FLPPS Board
• HSG’s work included over 30 interviews with stakeholders to seek insights on the current and future work of FLPPS
• NYS DOH was not consulted or engaged in any way, these findings are not intended to shape state or federal policy
DSRIP Was and Is A Challenge

• New York’s DSRIP program goals were ambitious:
  • Reduce avoidable hospital use statewide by 25% through integrated care;
  • Launch new care models that were community-based and addressed social determinants of health; and
  • Move 80% of all contracts in Medicaid Managed Care to value based payment (VBP) arrangements.

• New York’s DSRIP program is one of the world’s most aspirational health and social care reform efforts

• The program has been largely successful:
  • NY is on trend to meet its reduction in avoidable hospital use goal
  • Nearly 2/3 of provider reimbursement is value-based
FLPPS Faced Its Share of Challenges
And Rose to Meet Them

• The Finger Lakes region entered DSRIP with very high expectations

• The structure of the DSRIP program required significant effort in DY 1 & 2 around ‘standing up’ the organizational structure, as well as the development of funds flow

• By DY 4 and 5, PPS around the state have established strong structures and processes to make progress and achieve program goals
FLPPS Emerged with Unique Strengths: Partnership Feedback

- Stakeholders praised FLPPS as a convener and facilitator for collaboration between clinical and non-clinical providers across region.

- System Transformation Project awards highlighted as highly responsive to community feedback.

- Health care Systems deserve credit for helping launch the PPS and ensuring that FLPPS was an overall success within the DSRIP program.
What Have We Learned from DSRIP?

• Make health care a team sport
• Delivery system transformation is difficult, but the best path forward is system ‘integration’ and incentive alignment to improve quality and cost effectiveness
• Don’t define ‘system’ narrowly
• Partnerships with other systems (social services, criminal justice, local government, education) is necessary for success -- especially with the most vulnerable patients
What Have We Learned from DSRIP?

• System transformation will only happen when change occurs at the point of care

• Empower local problem solving through rapid cycle continuous improvement

• Measure results and feed data back to providers in ‘actionable’ ways

• Don’t be afraid to innovate

• Hold your nerve!
Optimism for the Future

• Stakeholder feedback reflected increased sense of optimism for the future of FLPPS and its partners
How Should FLPPS and its Partners Move Forward?

• Continued collaboration is the key to success
• Aligning interests and working across tables is essential: there are multiple organizations, projects and initiatives with overlapping missions
• Recognize that an expanded cross-sector approach is necessary
• Be willing to trade powerful interests for shared vision and goals
• The future of DSRIP is unclear – to continue momentum, cannot rely on DSRIP 2.0 for sustainability
• Continue to build partnerships that leverages strength across clinical providers and community based organizations
• Tie it all back to VBP
Where Should the Community Invest?

FLPPS future priority areas of investments

The Aspire Survey identified six areas of community consensus regarding FLPPS future investments. Of the six areas, which do you rank as the top priority to focus on?

- Workforce
- Behavioral Health
- Telehealth
- Health Home
- Social Determinants of Health
- Maternal & Child Health
How Can FLPPS Continue its Momentum?

• Move forward in alignment with the goals of DSRIP:
  • Integrate care, reduce avoidable hospital use
  • Launch innovative models, improve care, rebalance system
  • 80% VBP by 2020

• Make future investments align with commitment to moving ahead in VBP.

• Ensure initiatives are implemented in ways that continue the region’s efforts to reduce avoidable hospital use.

• FLPPS and regional partners should continue events like today – convening key partners on updates, the ongoing work and results
How Can FLPPS Continue its Momentum?

• Continue what works:
  • Continuous improvement through MAX
  • Convening providers to address gaps and opportunities in key DSRIP measures
  • Support capacity of community based organizations
  • Serve as connector between providers and community based organizations

• Look at new opportunities:
  • Partnership with local educational partners to invest in workforce
  • FLPPS and regional partners should continue events like today – convening key partners on updates, the ongoing work and results
  • Look to models around the state designed by other PPS for sustainability
  • Leverage capacity of organizations throughout the region with overlapping missions
  • Support region’s Health Homes
  • Invest in SDOH place-based strategies throughout the FLPPS region
Key Strategies for Continued Success

• Strategy 1: Think Cross System
• Strategy 2: Apply Design Thinking
• Strategy 3: Dare to Transform – Not Simply Improve
Strategy 1: Think Cross System

- Education
- Social Services
- Health Care
- Criminal Justice
- Employment
- Housing
Strategy 2: Apply Design Thinking

• Design thinking is a problem-solving approach with a unique set of qualities: it is human centered, possibility driven, option focused and iterative

• Thinking about how health care delivery is experienced by the patient - that will help us continue to innovate and become more cost effective
Strategy 3: Dare to Transform – Not Simply Improve

• ‘Transformation’ is the most over used word in healthcare
• Go beyond incremental and think big – not a faster ship but an airplane
• Let’s make healthcare truly patient centered by making it easy to access
• 1 Click Innovations – use technology to improve quality and convenience
FLPPS: Looking to the Future

- The work you have done is significant
- You are improving health outcomes, care delivery, and the quality of life for your neighbors
- Today, FLPPS is at a critical point in its timeline
- As the DSRIP program reaches the end of year 5, it’s essential to continue the momentum of this effort
- Collaboration across providers and the community must continue to sustain this work
Questions?

Thank you and let’s keep in touch:

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