Everyone wants to be healthy, but obtaining good healthcare can be complicated.
Good healthcare is more than clinical care, it is...

**Addressing Social Determinants of Health**

Many factors affect a person’s health, including nutrition, finances, language, transportation, housing, child care and education. These combined variables often influence an individual’s path to good health, resulting in declining health and overuse of emergency rooms for health services.

Social Determinants of Health, which include personal health behaviors, social and economic factors and physical environment, account for 80% of a person’s physical health.*

*University of Wisconsin Pop Health Institute. County Health Rankings 2013.

** Culturally Competent Care**

While health equity remains the ultimate goal of the healthcare delivery system, disparities in health outcomes, access to care and quality of care, continue to persist among the most vulnerable groups within the Finger Lakes Region.

FLPPS is committed to ensuring our provider network understands that their attention to culture, language and health literacy are essential to improving patient outcomes and eliminating disparities.

**An Integrated Local Network**

The Finger Lakes Performing Provider System spans a 13-county region in western New York. Knowing that healthcare is local, FLPPS has divided its network into five Naturally Occurring Care Networks based on patient utilization patterns.

Through improved care transitions, care coordination and a strengthened information technology infrastructure, we are creating an Integrated Delivery System, which connects clinical and social services for patients in order to achieve better health.

**Goals of the Finger Lakes Performing Provider System**

1) **To achieve the Triple Aim** of improved patient health outcomes, improved patient experience and reduced cost of care. To do this, we will address the social determinants of an individual’s health, we will deliver care that is culturally competent and we will integrate our network, so providers can deliver the right care at the right time in the right place, based on an individual’s needs.

2) **To prepare our Partners for Value Based Payment,** a transition from volume-based health financing to a system focused on individual health outcomes, which incentivizes providers to more efficiently deliver better quality primary and preventative care.
Using DSRIP to Redesign the Medicaid Delivery System in the Finger Lakes Region

The Delivery System Reform Incentive Payment program (DSRIP) is a set of system transformation practices that creates provider delivery networks to coordinate care, offer better care transitions and strengthen information technology infrastructure. Once in place, the delivery system will provide better access to care, increase quality of care and reduce unnecessary hospitalizations.

There are 25 performing provider systems in New York State. Together, using DSRIP practices, we will work to reduce avoidable hospital use by 25% by 2020 by creating a system that supports individuals who may require a broad network, including social service and clinical care.

It is our job to use DSRIP as a mechanism to stimulate our thinking and actions towards more innovative models of care. We need to understand that DSRIP projects are just a springboard for thinking differently about how we work, what tools we use, and what relationships we must build to more rapidly and consistently improve clinical outcomes. Implementing projects alone will not improve health. We must evolve our mindsets as individual healthcare providers, to that of an integrated system of collaborators supporting the total health of individuals and populations.

DSRIP is intended to kick-start system transformation. It is our work to use this opportunity to its fullest potential, to try new things, learn from them and make improvements. It is through each of our Partner organizations, as change agents, that system transformation will become a reality.

From the Executive Director