

## RESPONDING TO MENTAL HEALTH CRISIS IN MONROE COUNTY



System Transformation and Community Investment Program focus on integrating community-based care into the healthcare delivery system, supporting community based organizations in programming designed to positively impact health outcomes, health equity, and the cost of healthcare.

FLPPS is partnering with Monroe County Office of Mental Health, Liberty Resources and RoCovery Fitness on a one-year program to integrate NYS Certified Peer Specialists into the Forensic Intervention Team (FIT) crisis intervention services. FIT and law enforcement respond to individuals experiencing a mental health or other crisis .

The goal of the FIT is to de-escalate crisis situations and provide appropriate referrals, when necessary, to offer the least restrictive level of care safely and effectively. This model allows law enforcement and FIT to work together with the common goal of providing the best options for individuals living with mental illness in our communities.

The Peers from Liberty Resources and RoCovery Fitness have lived experiences which helps them relate to, and assist, people in crisis.

Peer will provide follow up support, including referrals to needed resources based upon the needs of the individual. The goal of this intervention is to provide compassionate, responsive care to individuals undergoing crises and divert them from preventable emergency room visits. Peers may also be present at the time of immediate crisis, thus beginning a process of engagement to support post-crisis follow-up.

**Liberty Resources** mission is to assist individuals and families in need of achieving an improved quality of life by providing residential and non-residential services tailored to meet their particular needs. Liberty Resources provides services in the least restrictive, most community-based setting possible for each individual to access. They operate over 90 programs across the following service domains: Intellectual Disabilities; Child and Family Services; Early Intervention Services; Behavioral Health Services; Health Home Care Management; Mental Health; Substance Use Disorder; and Primary Care Clinics.

**RoCovery Fitness** provides recovery support through fitness and sober living, connecting peers, friends and family through wellness, acceptance and understanding. RoCovery Fitness is made up members who have personal experience with recovery from drug and alcohol addiction and have a sense of passion, and service to give back to the community. The agency is a supportive community of physically active individuals brought together by sober living, committed to creating an environment of healing and recovery. Members, friends and families are empowered to discover their inner strength and confidence through adventure, fun and camaraderie.

